

Bagno Sole

Snack Bar – Restaurant

Appetizers

First courses

Second courses

Garnishes

Main courses - salads

Nibbles

Filled Focacce

and Sandwiches

Bruschette

Pizze

Special Fruit Desserts

Desserts

Ask the waiter for the list of allergens.



Menù

Appetizers

Mixed appetizers of fish (7 tastings)

€ 19.90

Typical Tuscan appetizers

€ 18.00

First courses of fish

Spaghetti with seafood

€ 17.50

Paccheri trabaccolara (squids, shrimps, mullet, grouper)

€ 17.50

Spaghetti with mussels

€ 16.50

Savette pescatora (squids, shrimps, mullet, grouper and mussels sauce)

€ 17.50

Seafood risotto

€ 17.50

Ravioli trabaccolara

€ 19.00

Fish Soups

Cacciucco alla Viareggina (Tuesday)

€ 19.50

fish soup with cuttlefish, grouper, shrimps, octopus, mussels, venus shells, dogfish and toasted bread

Impepata di cozze: mussels spicy soup

€ 16.00

Venus shells and mussels soup

€ 17.50

First courses of meat

Spaghetti / penne / tagliatelle (egg noodles) / gnocchetti

Tomato and basil

€ 10.00

Ragu (bolognese sauce made with minced meat and tomato sauce)

€ 12.00

Pesto alla genovese (sauce made with basil, olive oil, pine seeds and parmesan)

€ 11.00

Cheese sauce

€ 11.00

Garlic, olive oil and red pepper

€ 10.00

Tordelli (made with minced meat) with bolognese sauce

€ 15.50

lasagne bolognese

€ 13.00



Second fish courses

Mixed fish-fry (squids, shrimps and vegetables)	€ 17,90
Fried little fish of the Mediterranean Sea	€ 17,50
Fried anchovies	€ 16,00
Mixed fish-grill	€ 24,00
Grilled swordfish	€ 18,00
Grilled tuna	€ 24,00
Traditional Catalana	€ 45,00
boiled squids, prawn, scampi and fresh raw seasoned vegetables	
Grilled squids	€ 17,50
Baked sea bream with potatoes	€ 22,00
Grilled sea bream	€ 22,00
Cuttle fish with raw vegetables	€ 15,50
Hot seafood salad	€ 17,50

Meat main courses

Roast Beef	€ 16,50
Wiener Schnitzel with french fries	€ 13,00
Grilled veal knot	€ 19,50
Raw beef-carpaccio with rocket salad and Parmesan flakes	€ 16,50
Bresaola (salted and dried beef), rocket salad and Parmesan flakes	€ 14,50
Beef patty with french fries	€ 12,00

Garnishes

Fench fries	€ 5,50
Mixed salad	€ 5,50
Green salad	€ 5,50
Grilled vegetables	€ 6,50
Fried Vegetables	€ 6,50

Desserts

Fruit salad	€ 5,50
Ask for our dessert menu	



Meat - Ham - cheese based Salads

€ 14,50

01. Lettuce, tomato, cooked ham, Emmental, fontina (mild cheese made with cow's milk), olives
02. Lettuce, rocket salad, pearl onions, tomato, Roast Beef, Emmental
03. Green salad, corn, wienerwurst, fontina (mild cheese made with cow's milk), hard-boiled eggs
04. Lettuce, corn, carrots, Parma ham, gorgonzola (Italian blue cheese)
05. Lettuce, red radicchio, carrots, artichokes, smoked raw ham, mozzarella
06. Mixed salad, tomato, grilled aubergines, olives, Parma ham, fontina (mild cheese made with cow's milk)
07. Lettuce, carrots, corn, tomato, roast-saddle, hard-boiled eggs
08. Mixed salad, tomato, mozzarella, cooked ham
09. Mixed salad, mushrooms, fontina (mild cheese made with cow's milk), bresaola (salted and dried beef), lemon
10. Bresaola (salted and dried beef), rocket salad, Parmesan flakes, lemon

Fish based salads

€ 15,50

11. Mixed salad, tomato, mozzarella, tuna
12. Mixed salad, rocket salad, tomato, smoked swordfish, lemon
13. Lettuce, red radicchio, tomato, cuttle fish, shrimps sauce, lemon
14. Lettuce, rocket salad, red radicchio, corn, carrots, shrimps, anchovies
15. Green salad, red salad, pearl onions, olives, tuna, shrimps
16. Mixed salad, grilled aubergines, cuttle fish, parsley, lemon
17. Mixed salad, tomato, mozzarella, anchovies, capers

Meat and fish based salads

€ 15,50

18. Mixed salad, rocket salad, Parma ham, shrimps, parsley
19. Lettuce, rocket salad, corn, Roast Beef, shrimps
20. Lettuce, tomato, pearl onions, olives, tuna, hard-boiled eggs, mayonnaise
21. Mixed salad, carrots, corn, olives, mushrooms, hard-boiled egg, tuna
22. Green salad, red radicchio, carrots, artichokes, sword fish, lemon

Vegetarian Salads

€ 13,50

- 23. Mixed salad, rocket salad, carrots, corn, pearl onions, tomato
- 24. Lettuce, carrots, tomato, mozzarella, basil
- 25. Green salad, red radicchio, grilled aubergines, Emmental
- 26. Lettuce, rocket salad, tomato, olives, capers, fontina (mild cheese made with cow's milk),
- 27. Mixed salad, pearl onions, tomato, peppers, mozzarella
- 28. Mixed salad, red radicchio, rocket salad, carrots, Emmental, gorgonzola (Italian blue cheese)

Traditional salads

- 29. Caprese (tomato and mozzarella) € 10,50
- 30. Caprese and Parma ham € 14,50
- 31. Parma ham and melon € 14,50
- 32. A selection of sliced hams and salad € 14,50

Nibbles

Ham or cheese nibbles

- 01. Cooked ham and mozzarella € 8,50
- 02. Parma ham and gorgonzola (Italian blue cheese) € 8,50
- 03. Ham selection € 8,50
- 04. Cheese selection € 8,50

Fish nibbles

- 01. Fish & Chips € 13,00
- 02. Little fried fishballs € 9,50
- 03. Sliced smoked swordfish and rocket salad € 9,50
- 04. Fillet of anchovies and marinated aubergines € 9,50
- 05. Tuna, tomato and olives € 9,50



Filled Sandwiches

Baked ham

Sandwiches

€ 7,90

Arabian Focaccia

€ 9,90

01. Baked ham, artichokes sauce, cheese sauce
02. Baked ham, tomato, mozzarella, anchovies
03. Baked ham, gorgonzola (Italian blue cheese), tomato, Tabasco
04. Baked ham, mayonnaise, Emmental, tomato, onion
05. Baked ham, fontina (mild cheese made with cow's milk), shrimps sauce, tomato
06. Baked ham, fontina (mild cheese made with cow's milk)
07. Baked ham, mozzarella, rocket salad, tomato, extra virgin olive oil

Parma ham

€ 7,90

€ 9,90

08. Parma ham, mozzarella, tomato, oregano
09. Parma ham, shrimps sauce, lettuce, fontina (mild cheese made with cow's milk)
10. Parma ham, gorgonzola (Italian blue cheese), rocket salad
11. Parma ham, fontina (mild cheese made with cow's milk), tomato, rocket salad
12. Parma ham, cheese sauce, artichokes sauce
13. Parma ham, cheese sauce, tomato

Smoked raw ham

€ 7,90

€ 9,90

14. Smoked raw ham, rocket salad, mozzarella, tomato, extra virgin olive oil
15. Smoked raw ham, cheese sauce, rocket salad, mushrooms
16. Smoked raw ham, artichokes sauce, fontina (mild cheese made with cow's milk)

* In case of unavailability of fresh product, frozen product could be used.

Other Focacce and sandwiches € 7,90 € 9,90

- 17. Salame, salad, tomato, onion, fontina
- 18. Salame, peppers, cheese sauce, salad
- 19. Hot Dog (wienerwurst, ketchup, mayonnaise)
- 20. Smoked swordfish, shrimps sauce, tomato, onion
- 21. Smoked raw ham, Emmental, mushrooms, rocket salad
- 22. Mozzarella, tomato, capers, anchovies

Tuna € 7,90 € 9,90

- 23. Tuna, mayonnaise, tomato, salad
- 24. Tuna, tomato, onion
- 25. Tuna, mozzarella, rocket salad
- 26. Tuna, tomato, mayonnaise, onion, hard-boiled egg

Vegetarian € 6.90 € 8.90

- 27. Mozzarella, tomato, lettuce, oregano
- 28. Lettuce, tomato, fontina (mild cheese made with cow's milk), gorgonzola (Italian blue cheese)
- 29. Mozzarella, tomato, basil, extra virgin olive oil, salt
- 30. Cheese sauce, mushrooms, tomato, lettuce
- 31. Create Your favorite sandwich

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Bruschette

(slice of toasted and seasoned bread)

<i>Boscaiola</i>	€ 11.50
<i>Tomato, cheese sauce, mushrooms, roast-beef</i>	
<i>Prosciutto e funghi (ham and mushrooms)</i>	€ 11.50
<i>Tomato, mozzarella, baked ham, mushrooms</i>	
<i>Brezza di mare</i>	€ 14.50
<i>Tomato, mozzarella, shrimps, anchovies, rocket salad</i>	
<i>Trentina</i>	€ 11.50
<i>Cheese sauce, mushrooms, smoked raw ham</i>	
<i>Marigherita:</i>	€ 9.50
<i>Tomato, mozzarella, oregano</i>	
<i>Vegetariana</i>	€ 11.50
<i>Tomato, mozzarella, grilled vegetables, artichokes, extra virgin olive oil</i>	
<i>Crucca:</i>	€ 11.50
<i>Tomato, mozzarella, wienerwurst, oregano</i>	
<i>4 formaggi (cheese sauce)</i>	€ 11.50
<i>Tomato, mozzarella, gorgonzola (Italian blue cheese), fontina (mild cheese made with cow's milk), Emmental</i>	
<i>Mare e monti</i>	€ 13.50
<i>Tomato, mozzarella, tuna, mushrooms, Parma ham, rocket salad</i>	
<i>Marinara</i>	€ 14.50
<i>Tomato, mozzarella, tuna, shrimps</i>	
<i>Classica</i>	€ 9.50
<i>Garlic bread, tomato, basilikum, extra virgin olive oil, salt</i>	
<i>Delicata</i>	€ 11.50
<i>Tomato, mozzarella, baked ham, artichokes</i>	
<i>Rustica</i>	€ 11.50
<i>Tomato, mozzarella, oregano, anchovies, basil</i>	
<i>Tandem</i>	€ 11.50
<i>Tomato, mozzarella, baked ham, Parma ham, olives</i>	
<i>Create Your favorite bruschetta</i>	

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Pizza

01. Margherita (tomato, mozzarella, oregano)	€ 9.50
02. Margherita with onion	€ 9.50
03. Napoli (tomato, mozzarella, anchovies and capers)	€ 11,50
04. Ham and mushrooms	€ 11,50
05. Parma ham and rocket salad	€ 11,50
06. Quattro stagioni (tomato, mozzarella, artichokes, olives, mushrooms, baked ham)	€ 11,50
07. Margherita with wienerwurst	€ 11,50
08. Smoked raw ham and gorgonzola (Italian blue cheese)	€ 11,50
09. Shrimps and rocket salad	€ 14.50
10. Capricciosa (artichokes, olives, wienerwurst, baked ham)	€ 11,50
11. Seafood	€ 15.00
12. Fresh tomato, rocket salad, Parmesan flake	€ 11,50
13. Vegetarian (fresh tomato, peppers, aubergines and zucchini)	€ 11,50
14. Quattro formaggi (selection of cheese and cheese sauce)	€ 11,50
15. Spicy pepperoni	€ 11,50
16. Tuna and onion	€ 11,50
17. Cooked ham and pineapple	€ 11,50
18 Focaccia bread	€ 6.50

Special Fruit Desserts

01. Selection of fresh sliced fruit	€ 16,50
02. Skewered fruit	€ 8,90
03. Fruit salad	€ 5.50

Service

€ 2.50

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